



*Parent Magazine has these suggestions about how to raise a compassionate child. You can find details for each bullet on their website, cited at the bottom of the page.*

- Promote Sweetness-show how to be gentle, speak softly, reject rudeness, say “I’m sorry”
- Enforce Rules-provide structure, expect help, use manners to correct
- Guide Friendship-outlaw name calling, give consequences, label kindness, be considerate yourself, don’t trash talk
- Encourage Helping-give pennies, assign chores, use stories, point out heroes
- Build on Their Smarts-explore feelings, monitor media, expect more
- Work as a Team-make helping a family affair, share the wealth
- Be a Good Steward-recycle, take care of the environment
- Perform Small Acts of Kindness-no act is too small
- Look on the Bright Side-point out good things that are happening, be thankful

<https://www.parenting.com/article/raising-a-compassionate-child>

<https://www.parents.com/parenting/better-parenting/advice/14-little-ways-to-encourage-kindness/>